

Cele mai comune forme in care se comercializeaza probioticele pe piata sunt produsele lactate fermentate si alimentele fortifiante. Tabletele, capsulele, prafurile si pliculetele continind bacterii probiotice liofilizate sunt de asemenea disponibile.

Tulpini probiotice dovedite clinic.

Tulpina

Nume

Producator

Efecte dovedite asupra sanatatii umane

<i>Bifidobacterium</i>	<i>animalis</i>	subsp.	<i>lactis</i>	BB-12
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Chr. Hansen

Stimuleaza imunitatea, reduce diareea asociata ingestiei de antibiotic, dar si diareea calatorului, red

<i>Bifidobacterium</i>	<i>breve</i>	Yakult
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Bifiene

Yakult

Bifidobacterium infantis 35624

Align

Procter & Gamble

Bifidobacterium lactis HN019 (DR10)

Howaru Bifido

Danisco

Bifidobacterium longum BB536

Morinaga Milk Industry

Escherichia coli M-17

ProBactrix

BioBalance

Escherichia coli Nissle 1917

Mutaflor

Ardeypharm

Lactobacillus acidophilus DDS-1

Nebraska Cultures

Lactobacillus acidophilus LA-5

Chr. Hansen

Reduce diareea asociata ingestiei de antibiotic, dar si diareea calatorului, reduce constipatia, imbuna

Lactobacillus acidophilus NCFM

Danisco

Lactobacillus casei DN114-001 (*Lactobacillus casei* Immu

Actimel/DanActive

Danone

Reduce diareea, imbunatateste sanatatea tubului digestiv.

Lactobacillus casei CRL431

Chr. Hansen

Stimuleaza imunitatea, reduce diareea asociata ingestiei de antibiotic, dar si diareea calatorului, red

Lactobacillus casei F19

Cultura

Chr. Hansen

Imbunatateste sanatatea tubului digestiv, stimuleaza imunitatea, reduce diareea asociata ingestiei d

Lactobacillus casei Shirota

Yakult

Yakult

Lactobacillus paracasei St11 (D1NCC246

Lactobacillus fortis

Nestlé

Lactobacillus johnsonii La1 (= Lactobacillus LC1)

Nestlé

Lactococcus lactis L1A

Norrmejerier

Stimuleaza imunitatea, reduce diareea asociata ingestiei de antibiotice.

Lactobacillus plantarum 299V

GoodBelly / ProViva / TuZen

NextFoods Probi Ferring

Lactobacillus reuteri ATTC 55730 (*Lactobacillus reuteri* SD21

BioGaia Biologics

Stimuleaza starea de sanatate a tubului digestiv la copii, stimuleaza imunitatea la copii si adulti, efect

Lactobacillus rhamnosus ATCC 53013 (descoperit de Gorbach & Goldin(=LGG))

Vifit and others

Valio

Stimulator imunitar, reduce diareea asociata ingestiei de antibiotic, dar si diareea calatorului, reduce

Lactobacillus rhamnosus LB21

Verum

Norrmejerier

Stimulator imunitar, imbunatateste sanatatea tubului digestiv, reduce diareea asociata ingestiei de a

Saccharomyces cerevisiae (boulardii) lyo

DiarSafe and others

Wren Laboratories and others

Reduce diareea asociata cu ingestia de antibiotici si infectiile de diaree acuta la adulti si copii.

Testat ca amestec de :
Lactobacillus rhamnosus GR-1si *Lactobacillus reuteri* RC-14

Bion Flore Intimale Fem-Dophilus

Chr. Hansen

Ingestia orala genereaza colonizarea vaginala contra vaginitei

Testat ca amestec de: 8 tulpini de *Streptococcus thermophilus*, 4 tul

VSL#3

Sigma-Tau Pharmaceuticals, Inc.

Testat ca amestec de :
tulpini definite de *Streptococcus thermophilus* , *Lactob*

ACTIFLORA

Kendy Ltd., Bulgaria

Nikolov, P, si Krastev, Z. Evaluare asupra alterarilor fermentatiei anaerobe intestinale saccharolitice,

Pavlov, V, Testat ca amestec de Krasteva, A, Baleva, M, Krastev, Z. Secretory IgA in ora

Testat ca amestec de :
Lactobacillus acidophilus CUL60 si *Bifidobacterium bifidum* CUL 2

Testat ca amestec de:
Lactobacillus acidophilus CL1285 *Lactobacillus casei*

BioK Plus

Bio-K+ International

Reduce diareea asociată cu ingestia de antibiotici și infecțiile de tract digestiv acută și cronică, în special în cazul sindromului de intestin iritabil.
Reducerea simptomelor intoleranței la lactoză și stimularea imunității.

Lactobacillus helveticus R0052 și

Lactobacillus rhamnosus R001

A'Biotica and others

Institut Rosell

Amestec al următoarelor 16 tulpini

- Bifidobacterium bifidum*
- Bifidobacterium breve*
- Bifidobacterium infantis*
- Bifidobacterium lactis*
- Bifidobacterium longum*
- Lactobacillus acidophilus*
- Lactobacillus brevis*
- Lactobacillus bulgaricus*
- Lactobacillus casei*
- Lactobacillus gasseri*
- Lactobacillus paracasei*
- Lactobacillus plantarum*
- Lactobacillus rhamnosus*
- Lactobacillus salivarius*
- Lactococcus lactis*
- Streptococcus thermophilus*

Flora Source® Multi-Probiotic®

Nutri-Health®

Unele bacterii comune folosite in produse, dar fara efecte probiotice – bacteriile de iaurt:

-

Lactobacillus bulgaricus

-

Streptococcus thermophilus

Alte tipuri de bacterii mentionate in produsele probiotice:

-

Bacillus coagulans

-

Lactobacillus bifidus – a devenit un nou genus de *Bifidobacterium*

Unele produse fermentate continind bacterii lactice similare:

-

Legume/zarzavaturi murate

-

Pasta fermentata din soia, fasole

-

Kefir

-

Varza murata

-

Sos de soia

Let's start our Cialis conversation with some facts about ED. If you ask 10 men to name the most awful health disorder they can imagine, 9 of them will speak about erection problems. This simple test shows the importance of erectile function in the eyes of modern society. The most impressive thing is men are absolutely right from the physiological point of view as well, naming normal ability to perform sexually as a very precious aspect of men's health. Years of clinical testing proved that normal sex life is vitally important for men's physical and mental health. Two or three intercourses a week help prevent nervous breakdowns, headaches, colds, hypertension (high blood pressure), heart attack, stroke, a number of CSN disorders, diabetes and even cancer. The matter is that sex is a unique natural training for every organ, tissue and body system of a man, [cialis discounted](#) saying nothing of psychophysical enjoyment and relaxation. - taking erection pills to support your compromised erectile function (you will not have to take Cialis for the rest of your life – when your CNS restores, you will not need any chemical stimulators). - Cialis works within 30-45 minutes, when it takes up to 1 hour for brand pill to become fully effective; - Cialis lasts longer – it stays in the body for almost 36 hours as compared to 24 hours of brand pills; - Cialis can be taken with alcohol, and as for brand 'love pill', manufacturers ask you to keep off alcohol; - Cialis is cheaper than brand pills, and you can always afford normal treatment.